

*Are you ready to take your
performance and nutrition
to the next level?*

Contact the person who gave
you this brochure today to
learn more and unlock your
untapped potential!

For more information, contact:
Isagenix Independent Associate



ISAGENIX.

ISAGENIX.

Achieve Peak Performance

Trusted. Natural. Effective.



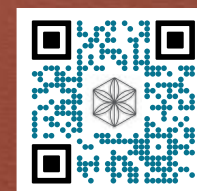
Our holistic approach to performance nutrition creates the right environment for your body to function at peak efficiency while fueling it with the essential nutrients for optimal athletic performance.

To reach your fullest potential, Isagenix products utilize the highest quality ingredients backed by scientific research and undergo rigorous third-party quality testing for noticeable and sustainable results.

INDEPENDENT STUDIES SHOW:

- **Men** gained **2X** more **upper body strength** and **14X** more **lower body power**
- **Women** gained **2X** more **upper body** and core muscular endurance

Check Out
Our Research
Studies Here



Scientifically Shown to:



Fuel Performance



Accelerate Recovery



Improve Focus & Energy



Enhance Aerobic Performance



Gain Muscle



Improve Flexibility



Ignite Metabolism



Lose Body Fat



Train Smarter, Recover Faster

✓ NO GLUTEN

✓ NO SOY

✓ THIRD-PARTY QUALITY TESTED

✓ NON-GMO

✓ NOTHING ARTIFICIAL

✓ CLINICALLY STUDIED



Adaptogens

NATURE'S ANSWER TO STRESS

Adaptogens offer a natural, convenient way for athletes to gain an edge over the competition. They shield against the negative effects of physical, mental, and environmental stress, which can interfere with training techniques.[†]

Substantial stress over time can lead to many issues that could devastate athletes through suppressed immune systems, susceptibility to injury, delayed recovery, and poor sleep quality.

Adaptogens reduce stress sensitivity, enhancing athletes' physical performance, mental alertness, and ability to excel under pressure.[†]

INDEPENDENT STUDIES SHOW ADAPTOGENS:

- Improve endurance[†]
- Increase muscle strength[†]
- Increase energy production[†]
- Increase creatine levels[†]
- Improve focus & concentration[†]
- Aids in relaxation for better sleep quality[†]



Hydrate

TOTAL BODY HYDRATION

- 1625+ mg of electrolytes for proper mineral balance, 3× the amount in traditional sports drinks
- Sodium from pink Himalayan salt helps replenish vital nutrients lost through sweat
- Zero sugar, zero calories

NOx

CARDIOVASCULAR & PERFORMANCE SUPPORT[†]

- Improves nitric oxide production
- Supports blood flow & circulation to the heart, brain, and muscles[†]
- Boosts muscle endurance during physical and mental activities[†]
- Helps delay the onset of muscle soreness[†]

Joint Support

FLEXIBILITY & MOBILITY SUPPORT

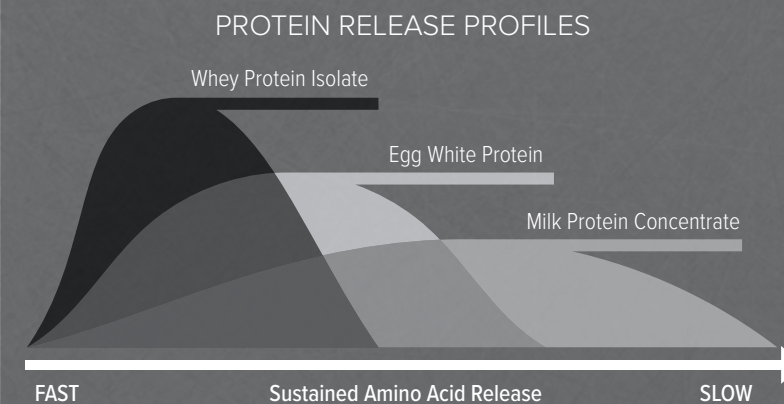
- Reduces joint discomfort[†]
- Supports the maintenance of cartilage[†]
- Helps improve joint range of motion[†]
- Made with a clinical dose of Q-actin®, an heirloom cucumber extract



Tri-Release Protein

MUSCLE BUILDING & RECOVERY[†]

- 25g of high-quality, undenatured proteins, including grass-fed whey protein isolate, egg white protein, and milk protein
- A premium blend of fast-, medium-, and slow-release proteins and patented Velositol®
- Provides a complete branched-chain amino acid profile
- Maximizes muscle protein synthesis for optimal muscle growth and definition[†]
- Supports muscle recovery & reduces soreness[†]



PRE-WORKOUT:

AMPED™ Nitro

ENERGY, STAMINA, & FOCUS BOOST

- Clinically tested to improve exercise performance for faster results
- Creatine and betaine for increased muscle power[†]
- Train at a higher intensity for a longer period with naturally sourced caffeine and taurine[†]

AMPED Nitro improved performance outcomes during a series of exercise tests in a study published in the Journal of Strength and Conditioning Research.*



INTRA-WORKOUT:

AMPED™ BCAA Plus

FAT BURNING & PERFORMANCE

- A concentrated blend of branched-chain amino acids (BCAAs), L-carnitine, and L-glutamine
- Promotes fat loss and encourages lean, toned muscles[†]
- Fuels muscles during a workout or intense activity[†]

POST-WORKOUT:

AMPED™ Repair

TOTAL BODY & MUSCLE RECOVERY

- Reduces recovery time to experience results faster[†]
- Supports muscle recovery while reducing soreness[†]
- Helps reduce muscle fatigue for sustained performance[†]

[†] This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

*<https://isagenixhealth.net/published-clinical-study-finds-amped-pre-workout-products-improve-exercise-performance/>